



Packing List - Outdoor (Overnight Summer Camp)

When packing for Trackers, follow these Guidelines:

- ⇒ First off, put you or your child's FULL NAME on as many items as possible.
 - ⇒ Pack as lightly as you can! BUT include the right gear needed for the day (see below).
 - ⇒ Keep it light and tight! Everything should fit into a single pack—nothing clipped on the outside.
 - ⇒ Choose wisely! Check out "How-To: Trackers Kit" below for help assembling gear.
 - ⇒ Be ready! Check the weather report every morning to guide you in what to pack.
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Pack as lightly as possible, but include the right gear to stay protected and safe. All packed items should fit into a single pack (nothing clipped or tied onto outside). We provide all tents for Trackers overnight programs.

Carry System (Backpack)

The smaller bag should fit into the larger bag.

- Backpack** Size and weight appropriate to carry comfortably for long periods. Capable of fitting clothes, sleeping bag, mat, and more. 40 - 60 liters in size.
- Small Day Pack** - For carrying water bottles and day gear.

Shelter System (Sleeping Gear)

Make a good investment. How you sleep at night affects mood and learning capacity during the day.

- Sleeping Pad** Does not need to be fancy, but no inflatable pool mattresses.
- Sleeping Bag** Cold weather mummy bag, if possible. A quality bag rated at 10°-30° is essential. No cotton or flannel-lined sleeping bags.

Water & Food System

- Water Bottle** 1 Liter or more. Non-leaking. Clearly labeled with name. Fill with water. We refill later.
- Mess Kit** Bowl, fork, spoon, cup. Metal or wood are preferred.
- Lunch + Morning/Afternoon Snack** Must not require refrigeration. Trash free is ideal. Container must fit within backpack.

Clothing System - Critical for High Quality

Focus your investment on this clothing for overall comfort and safety. For cooler days these are essential. Many items, especially raingear and boots, can be purchased cost-effectively secondhand.

- Base Layer (aka Thermal Underwear)** Merino wool.
- Merino Wool Socks - 3 Pairs** One pair on feet. One pair in bage. Must fit well to prevent blisters.
- Waterproof Coat and Pants** Heavy-duty rain gear that covers the entire body. Not a light poncho. See Water RESISTANT vs WaterPROOF description below.
- Waterproof Hiking Boots** Waterproof and good fit.

Clothing System - Useful for High Quality

- Rugged pants**, Wool, good synthetic, or heavy-duty canvas.
- Light Shoes or Rafting Sandals** Easy to wear around camp
- Warm Insulating Coat** Wool or good synthetic.
- Warm Stocking Hat** Wool or good synthetic.
- Gloves** Thin enough to perform tasks while wearing them.
- Shorts**
- Swimsuit** Used during camouflage exercises or showering. Shorts can work as swimsuit bottoms.
- Change of "Normal" Dry Clothes** If your "outdoor" outfit gets wet.

Hygiene System - Toiletries

- CDC Recommended Mask**
- Tooth Care** Toothbrush, toothpaste, floss (the most important thing EVER!!!).
- Personal medications (prescription AND non-prescription)** Check in with our staff at drop-off. Please have them out and ready to check-in.
- Sunscreen** SPF 15 or higher clearly labeled with the child's name. Apply before check-in.
- Hand Sanitizer** Make sure it does not leak. Consider putting in a ziplock baggie.

Tool System

- Pencil + Eraser** For Trackers Journal.
- Pocket Tape Measure** Small and compact for measuring tracks and plants.
- Illumination** Headlamp or flashlight with charged batteries.
- ESSENTIAL Safety Whistle** On person at all times.
- ESSENTIAL Compass** Best with declination marks.
- IMPORTANT - Trackers Stick** Harvest this before coming to camp. A staff for walking and other adventures. Sustainably harvest at home—never cut without permission. Standing, your stick is two hands higher than your elbow. Find wood that is straight, so it rolls on the floor with few bumps. Light enough for walking with, but sturdy enough to lean your knee into it without breaking. Carve, woodburn, or write FULL NAME on it with permanent marker.
- OPTIONAL - Trackers Hearthstone** Learn about the Trackers Camp + Finding A Hearthstone
- OPTIONAL - Trackers Band** If a Tracker received a Band at a previous program, bring it. If they do not have one, we will supply a new one.

- OPTIONAL - Woodcarving Knife & Tools** We also have knives to use. We follow strict woodcarving protocols. If a Tracker brings their own knife, ensure they keep it in a safe place (backpack) until carving time designated by their instructor.

DO NOT bring

Candy and gum, soft drinks, sports drinks, pets or animals, toys, body spray/cologne/perfume, hatchets/axes, money, weapons, non-archery personal sports equipment, expensive/sentimental items, phones or electronics. Do not bring Drugs/Alcohol/Tobacco as bringing any of these items will result in immediate expulsion from camp.

Trackers Tip Every morning, check the weather report. If there is even a minor chance of rain, pack a raincoat and rain pants, as well as waterproof shoes.