



Summer Overnight Camp Packing List

Pack as lightly as possible, but include the right gear to stay protected and safe. All packed items should fit into a single pack (nothing clipped or tied onto outside). We provide all tents for Trackers overnight programs.

- ☐ **Lunch, Morning/Afternoon Snack** For the first day. Must not require refrigeration.

Carry System (Backpack)

The smaller bag should fit into the larger bag.

- ☐ **Backpack** Size and weight appropriate to carry comfortably for long periods. Capable of fitting clothes, sleeping bag, mat, and more. 40 - 60 liters in size.
- ☐ **Small Day Pack** For carrying water bottles and day gear.

Sleeping Gear

Make a good investment. How you sleep at night affects mood and learning capacity during the day.

- ☐ **Sleeping Pad** Does not need to be fancy, but no inflatable pool mattresses.
- ☐ **Sleeping Bag** Cold weather mummy bag, if possible. A quality bag rated at 10°-30° is essential. No cotton or flannel-lined sleeping bags.

Clothing (Critical)

Focus your investment on this clothing for overall comfort and safety.

- ☐ **Base Layer** (aka Thermal Underwear) Merino wool.
- ☐ **Waterproof Boots + Light Camp Shoes** Waterproof and good fit.
- ☐ **Merino Wool Socks** 3 Pairs Must fit well to prevent blisters.

Clothing (Useful)

These are important but can be purchased cost-effectively new or secondhand.

- ☐ **Rugged Pants** Wool, good synthetic, or heavy-duty canvas.



Trackers Earth

- ☐ **Warm Insulating Coat** Wool or good synthetic.
- ☐ **Warm Stocking Hat** Wool or good synthetic.
- ☐ **Waterproof Coat and Pants** Heavy-duty rain gear that covers the entire body. Not a light poncho. See water-resistant vs waterPROOF description above.
- ☐ **Gloves** Thin enough to perform tasks while wearing them.
- ☐ **Shorts**
- ☐ **Swimsuit** Used during camouflage exercises or showering. Shorts can work as swimsuit bottoms.
- ☐ **Change of “Normal” Dry Clothes** If your “outdoor” outfit gets wet.

Toiletries

- ☐ **Tooth Care** Toothbrush, toothpaste, floss (the most important thing EVER!!!).
- ☐ **Personal medications (prescription AND non-prescription)** Check in with our staff at drop-off. Please have them out and ready to check-in.
- ☐ **Sunscreen** SPF 15 or higher clearly labeled with the child's name. Apply before check-in.

Tools & Wares

- ☐ **Woodcarving Knife** Straight edge only, no serrated blades ([see our blog](#) on choosing the best knife). Mora Classic is a good option.
- ☐ **Water Bottle** 1 Liter or more. Non-leaking, clearly labeled with the child's name. Fill with water. We refill later.
- ☐ **Mess Kit** Bowl, fork, spoon, cup. Metal or wood are preferred.
- ☐ **Pencil + Eraser** For Trackers Journal.
- ☐ **Pocket Tape Measure** Small and compact for measuring tracks and plants.
- ☐ **Illumination** Headlamp or flashlight with charged batteries.
- ☐ **(ESSENTIAL) Safety Whistle** On your person at all times.
- ☐ **(ESSENTIAL) Compass** Best with declination marks.