

Trackers Earth Medication Policy

Campers that need to take medication during the day or have available medication available in case needed must:

1. Bring the medication in original packaging (with Camper name marked).
2. Attach specific written instructions regarding dosage and usage of the medication from a parent (for non-prescription medication) or a licensed provider (for prescription medication).
3. Disclose the medication upon check in.

Campers must be able to **self-administer** and **self-remind** regarding medication. Trackers Guides are not trained in medication administration. Every camper must be able to identify when medication is needed and self-administer their own medication. This means that if medication is needed (or needs to be taken a certain time), the camper must ask the Guide for the medication and be able to manage their own dosage and administration.

The Guides may *help* to provide a medication reminder to the camper. For Overnight Camps and Base Camps, reminders for routine medication can generally be provided. However, our Day Camps are unique in that they are field-based and adventure-focused. Given the unpredictable nature of these camps and dynamic Guide responsibilities, the Day Camper should not expect a consistent reminder.

In both settings, if there would be health consequences if medication were delayed or missed, please consider whether Trackers camps are a good fit. We need to be clear about the limitations of medication administration at our camps. We want your camper to be healthy and safe.

Medication Storage per programs:

For Overnight Only: All medication will be stored in a locked unit or in Guide's pack during day activities. For all campers, please fill out the and complete the [LINK FORM: Health History Form] BEFORE program start.

For Day Camps: The Camper will generally carry their medication with them in their own pack. If the medication includes controlled substances, or there is otherwise a need for the Guide to carry the medication, please indicate on **the Medication Release form (below)**.

Please Note: EpiPens or rescue medicine (inhalers, etc.) always remain with the camper in their own pack.

Please discuss any concerns with the Camp Director.

Trackers Earth Medication Release Form

This form must be completed on or before the first day of each enrolled camp.

Student Full Name:

DOB:

Date(s) of Camp: _____

Name/Type of Camp: ☐ Day camp ☐ Overnight camp

Medication 1

Name of medication: _____

Prescription: ☐ Yes ☐ No

Controlled substance: ☐ Yes ☐ No

Medication in its original packaging: ☐ Yes ☐ No

Dosage/administration instructions attached to the medication (must be from licensed provider if prescription): ☐ Yes ☐ No

Medication 1

Name of medication: _____

Prescription: ☐ Yes ☐ No

Controlled substance: ☐ Yes ☐ No

Medication in its original packaging: ☐ Yes ☐ No

Dosage/administration instructions attached to the medication (must be from licensed provider if prescription): ☐ Yes ☐ No

Medication 1

Name of medication: _____

Prescription: ☐ Yes ☐ No

Controlled substance: ☐ Yes ☐ No

Medication in its original packaging: ☐ Yes ☐ No

Dosage/administration instructions attached to the medication (must be from licensed provider if prescription): ☐ Yes ☐ No

***All campers must be able to identify when medication is needed, self-remind for routine medications, and administer their own medication. See Medication Policy for more information.

Overnight Camps: Please give the medication to the Guide at check-in. Medication will be stored in a locked unit onsite or in Guide's pack during day activities.

Day Camps: Campers will carry their medication with them in their own pack. If the medication includes controlled substances, or there is otherwise a need for the Guide to carry the medication, please give the medication to the Guide. Trackers Earth cannot guarantee that the medication will be safe from the elements. The medication may be lost, destroyed, or damaged throughout the camp's adventures. Please plan accordingly.

EpiPens or rescue medicine (inhalers, etc.) always remain with the camper in their own pack.

Acknowledgement and Release (Initial each one and sign below)

____ I understand and agree that Trackers Guides are not health professionals and are not trained in medication administration.

____ I understand and agree that my camper must be responsible for their own medication administration, including identifying the need for medication or self-reminding for routine medication.

____ I understand that the Guide can attempt to help remind my camper regarding routine medication but cannot guarantee that medication will be provided at a certain time. I also understand that there may be circumstances where routine medication is missed, especially if the camper fails to self-remind or ask the Guide for access to the medication.

____ If the Guide is asked to carry the medication for my camper, I understand that neither the Guide, nor Trackers Earth, is responsible for the loss or destruction of the medication.

I release Trackers Earth, and its managers, employees, and Guides from any and all liability and promise not to sue for any loss, injury, or damage of any type related to:

- ➔ the collection, storage, handling of any medication
- ➔ the loss or destruction of any medication
- ➔ the management, reminder, or administration or provision of medication, including missing or failing to provide medication

Parent or Guardian of Camper (Print)

Signature